



THE ROSE CLINIC

FOR PLASTIC AND MIGRAINE SURGERY



Merry Christmas!



20% off Radiesse...

"My lines & wrinkles are gone...now I have a more youthful look to my face!"

20% off Botox (\$10/unit)...

"I love watching my wrinkles disappear!" (+ \$50.00 rebate coupon from Allergan, ends Dec. 31st, 2009)

\$250.00 off of my liposuction... "I have never felt so good about me."
(cannot use with other offers)

The Christmas season is here!

I wanted to take a minute and thank you for helping to make this another wonderful year at The Rose Clinic. With our new office above Riverwoods Surgery Center, we are excited for another year of offering everything Plastic Surgery related in one location. Please come by and see us! (We will even give you a **FREE** Christmas skin care gift just for stopping by to say hi!)

If you are considering doing something about any of those stubborn areas that don't respond to exercise, liposuction may be the answer. Come in for a **FREE** consult & mention the \$250.00 savings mentioned above!

Merry Christmas & Thank You, for allowing me to be your Plastic Surgeon!

Dr. Rose

Why live with 'stubborn bulges' when liposuction can help?

Liposuction has long been the most popular cosmetic surgical treatment surgeons are asked to perform. And it's easy to understand why. Human beings are genetically programmed to store fat in all kinds of strange places, but our culture tells us there's only one "normal" body type – a well-proportioned body, and preferably a streamlined one. To look good to ourselves & our peers, we all exercise and watch what we eat. But often it's not enough. We store fat on our thighs, our midsection or under our chins. The only way to help in these areas is through liposuction.

Liposuction

Liposuction was developed to add precision to the process of removing unwanted fat cells from the body. With this technique, liposuction is used to break up fat, which it's efficiently pulled out of the body. We can target fat cells in difficult areas of the body such as the upper abdomen, flanks, hips and back.

What areas can be treated & how are the benefits of liposuction measured?

The most frequent areas treated by liposuction in men are the love handles, chest, abdomen and neckline. In women they include: thighs, hips, buttocks, stomach, knees, lower legs, cheeks and double chins. Cosmetically speaking, successful liposuction is measured in inches rather than pounds. The weight removed is not as important as the improvement in your body's contour. Most important, is a patient's improved self-image and self-acceptance.

How will my skin look after surgery?

The changes following liposuction are similar to what you would expect if you could lose an equal amount of localized fat through diet and exercise. As with diet and exercise, dimples, ripples and stretch marks can't be removed.

Is the fat removal permanent & will liposuction get rid of cellulite?

The fat cells in the treated areas are gone. The localized fatty deposits that existed prior to liposuction can no longer balloon up out of proportion to the surrounding areas. Should you gain weight after liposuction, the fat will enter the fat cells that remain in your body. Liposuction is not a treatment for cellulite, although many patients do notice an improvement in the appearance of cellulite after the fat cells are removed.

Who are the best candidates for liposuction & what will my recovery be like?

There are no definite weight or age guidelines or restrictions. The best patients are those with localized fatty deposits who are within thirty pounds of their ideal weight, and whose weight has been stable for years. Other positive indications are candidates who: have realistic expectations of the procedure; have tried diet, exercise and weight loss programs; are only slightly to moderately overweight; understand liposuction is not a weight loss program & have firm, elastic skin and are in good health. You will wear a snug elastic dressing, girdle, or body stocking over the treated area for the next several weeks. You will go home after the procedure and rest for at least 24 hours, after which you may gradually increase your activity as tolerated. After 2 or 3 days you may resume non-strenuous activities & serious exercise usually after 30 days or more.

Please call us at 801-375-ROSE (7673) to schedule your **FREE** consultation. We would love to answer your questions & help you see if liposuction is right for you for 2010!
Board Certified by the American Board of Plastic Surgery.

Member



AMERICAN SOCIETY OF
PLASTIC SURGEONS

Please visit our **NEW** website for more information:

www.TheRoseClinic.com

Call us at 801-375-ROSE (7673)

or Toll Free at 1-888-270-ROSE (7673)